

**RANIGANJ GIRLS' COLLEGE  
DEPARTMENT OF PSYCHOLOGY**

**COURSE LEARNING OUTCOMES  
LEARNING OUTCOME BASED CURRICULUM  
FRAMEWORK (LOCF)  
UNDER THE  
CHOICE BASED CREDIT SYSTEM (CBCS)  
OF  
KAZI NAZRUL UNIVERSITY**

# **B.SC. (HONS) IN PSYCHOLOGY COURSE LEARNING OUTCOMES**

## **SEMESTER I**

### **BSCHPSYC101: INTRODUCTION TO PSYCHOLOGY**

#### **COURSE LEARNING OUTCOMES:**

- To provide solid foundation to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life.
- Appreciation of the scope and the field of psychology.
- Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, and thinking.
- To help the students develop a scientific temperament in studying and understanding human behaviour.

### **BSCHPSYC102: BIOPSYCHOLOGY**

#### **COURSE LEARNING OUTCOMES:**

- Understanding the biological bases of human behaviour, its nature and scope
- Developing critical thinking to use scientific techniques for biological psychology and developing an awareness of ethical issues accompanying them
- Having basic knowledge about the structures of human brain, their functions and impact on human behaviour
- Realizing the importance of hormones in behaviour, cognition and emotions

## **SEMESTER-II**

### **BSCHPSYC201: PSYCHOLOGY OF INDIVIDUAL DIFFERENCES**

#### **COURSE LEARNING OUTCOMES:**

- To develop an understanding of the concept of individual differences
- To acquaint the learner with the complexities of personality theories
- To help students gain ideas about intelligence and personality as foundations of human empowerment.
- Understanding the various approaches to Intelligence and appreciation of the diverse frameworks
- To know the processes and principles of motivation and emotion and appreciating the diverse frameworks

## **BSCHPSYC202: PSYCHOLOGICAL RESEARCH**

### **COURSE LEARNING OUTCOMES:**

- Awareness of the basic features of various types of research undertaken with human beings and understanding of the use of basic terminology used in human research.
- Demonstrate ability to plan simple researches and state its requirements.
- Developing familiarity with different kinds of measures and techniques for assessing individual differences.
- Understanding the distinctive features of a select qualitative research methods and plan small qualitative research.
- To provide an overview of scientific approaches to psychological research in term of sampling techniques, scientific method, and experimental designs.
- To educate students with the process and the methods of quantitative and qualitative psychological research traditions.

## **SEMESTER-III**

### **BSCHPSYC301: STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH-I**

#### **COURSE LEARNING OUTCOMES:**

- To help students develop knowledge and understanding of the application of Statistics within Psychology.
- To help students develop critical thinking for application of appropriate statistical analysis in Psychological research
- To foster an understanding of the techniques of descriptive statistics for quantitative research.
- To teach the application of the same in the field of Psychology

### **BSCHPSYC302: HISTORY OF MAJOR PSYCHOLOGICAL PERSPECTIVES**

#### **COURSE LEARNING OUTCOMES:**

- Building an understanding of pre-history and history of psychology, including philosophical and general-scientific milestone events that have influenced the development of the discipline
- Identifying and appreciating the diversity of contributions to the contemporary fields of psychology
- Developing critical thinking skills with increased ability to articulate sound arguments and ask sophisticated questions regarding theories and principles of psychology
- Describe the key figures in the history of psychology and their major contributions and perspectives
- Provide an introduction to the development of the discipline both from the Indian as well as Western perspective

## **BSCHPSYC303: SOCIAL PSYCHOLOGY**

### **COURSE LEARNING OUTCOMES:**

- Understanding the basic social psychological concepts and familiarize with relevant methods.
- Developing skills pertaining to mapping of social reality and understanding how people evaluate social situations.
- Developing an understanding pertaining to social influence processes particularly the influence of others on individual behaviour and performance.
- Develop an understanding of the individual in relation to the social world

## **BSCHPSYSE301: EMOTIONAL INTELLIGENCE**

### **COURSE LEARNING OUTCOMES:**

- To understand the theoretical concept of emotional intelligence and its various models
- To foster the ability to identify and manage one's own emotions, as well as the emotions of others
- Help students deal with negative emotional states and promote more positive emotions in its place
- To understand the application of emotional intelligence in myriad settings, such as the workplace, relationships, etc.
- To understand the concept of emotional intelligence and learn ways of developing it.

## **SEMESTER-IV**

## **BSCHPSYC401: STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH-II**

### **COURSE LEARNING OUTCOMES:**

- Developing an understanding of the nature of qualitative and quantitative inquiry
- To educate students with the techniques of inferential statistics and hypothesis testing
- Developing a basic knowledge of how to analyze data quantitatively
- To educate students with the techniques of inferential statistics and hypothesis testing.

## **BSCHPSYC402: DEVELOPMENTAL PSYCHOLOGY**

### **COURSE LEARNING OUTCOMES:**

- Demonstrating an ability to understand and distinguish major theoretical perspectives and methodological approaches in human development.
- Developing an ability to identify the milestones in diverse domains of human development across life stages.
- Understanding the contributions of socio-cultural context toward shaping human development.

## **BSCHPSYC403: APPLIED SOCIAL PSYCHOLOGY**

### **COURSE LEARNING OUTCOMES:**

- Understanding the key issues and theoretical concepts related to social inequalities, especially in the Indian context.
- Developing insights into one's own behaviours as a man (or as a woman) through self reflexivity.
- Learning to apply theoretical knowledge of social psychology in designing intervention systems.
- Developing insights into issues related to groups, environment and the legal system.

## **BSCHPSYSE401: EFFECTIVE DECISION MAKING**

### **COURSE LEARNING OUTCOMES:**

- To learn decision making skills.
- To develop an understanding into the choices that one has about one's career.
- To promote skills pertaining to interpersonal relationships, conflict resolution and negotiations.
- To develop skills enhancing competency at work.

## **SEMESTER-V**

### **BSCHPSYC501: Understanding Psychological Disorders**

### **COURSE LEARNING OUTCOMES:**

- Acquiring knowledge and skills for distinguishing normal and abnormal behaviour and learn the criteria of determining abnormality.
- Developing familiarity with the current diagnostic systems (current edition of the Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases- Mental Disorder section).
- Acquiring knowledge about Anxiety Disorders and Trauma & Stressor-related, Dissociative and Personality Disorders.
- Developing sensitivity towards individual and cultural diversity.

### **BSCHPSYC502: ORGANIZATIONAL BEHAVIOUR**

### **COURSE LEARNING OUTCOMES:**

- To develop an awareness of the concepts related to organizational behaviour.
- Help the students develop a connection between concepts and practices of organizations.
- Understanding the evolution of the field of organizational behaviour and the challenges faced by the field today, for instance diversity, corporate social responsibility, etc.
- Developing a deeper understanding of conceptual and theoretical bases of motivation and employees' work attitudes and their relationship with performance and organizational outcomes.

- Understanding leadership processes from different theoretical perspectives.

## **SEMESTER-VI**

### **BSCHPSYC601: UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS**

#### **COURSE LEARNING OUTCOMES:**

- To introduce the etiological understanding and therapeutic interventions for the various psychological disorders.
- Develop an understanding of Mood disorders
- To introduce personality disorders and Schizophrenia.

### **BSCHPSYC602: COUNSELING PSYCHOLOGY**

#### **COURSE LEARNING OUTCOMES:**

- To develop an understanding of basic concepts, processes, and techniques of Counselling.
- Having a comprehensive understanding of the profession of counselling, particularly in the Indian context.
- Acquiring basic counselling skills of problem identification, and relationship building (e.g. empathy, listening, paraphrasing, unconditional positive regard).
- Developing qualities of an effective counsellor including increasing self-awareness, reflexivity, self-monitoring and objectivity.
- Helping clients having mild concerns in life; for instance acting as peer counsellors in the college/community.

## **DISCIPLINE SPECIFIC ELECTIVES**

### **BSCHPSYDSE501: POSITIVE PSYCHOLOGY**

#### **COURSE LEARNING OUTCOMES:**

- Appreciating and understanding the meaning and conceptual approaches to positive psychology.
- Being able to understand the how positive emotional states contribute to resilience, happiness, and wellbeing.
- Learning the various pathways through which cognitive states and processes influence self-efficacy, optimism and wellbeing.
- Being able to identify the applications of positive psychology.

## **BSCHPSYDSE502: HEALTH PSYCHOLOGY**

### **COURSE LEARNING OUTCOMES:**

- Understanding health psychology and the relation between mind and body.
- Identifying the characteristics of healthy behaviours and promoting them.
- Understanding a variety of health enhancing behaviours and the importance of exercise, nutrition, safety and management of pain and stress.
- Developing an understanding of pursuing research in health psychology domains and developing interventions.

## **BSCHPSYDSE601: COMMUNITY PSYCHOLOGY**

### **COURSE LEARNING OUTCOMES:**

- Understanding the role of Psychology in community development.
- Developing an appreciation of the core values that guide community psychology and facilitate community functions.
- To understand the link between individuals and communities and deal with social issues more effectively.
- Developing insights with respect to health promotion programs in communities, community programme for child and maternal health, for physically challenged and elderly people in the Indian context, through case studies.

## **BSCHPSYDSE602: PROJECT/ DISSERTATION**

### **COURSE LEARNING OUTCOMES:**

- Conceptualizing a research problem based on the basic and applied orientation of research.
- Executing a research plan through systematic application of knowledge about appropriate sampling, suitable research designs, relevant research tools, standardized conduction, accurate data analysis techniques and adhering to ethical guidelines.
- Reporting research outcomes in a standardised, universally acceptable and comprehensible format.
- Gaining insights about the domain researched and critically reflecting on the steps of the research process.